

# Children's Discovery Center

## April 2022 Newsletter

### EVENTS AND CLOSURES:

- Closed Friday, April 15<sup>th</sup> for Good Friday Holiday
- Preschool Screenings for children 3+ years old is April 1<sup>st</sup> and 8<sup>th</sup> at 9:00am. Sign up in advance.
- Week of the Young Child is April 4<sup>th</sup> thru 8<sup>th</sup> – Check with your classroom for fun daily themes and activities!

### A PEEK BEHIND THE CURTAIN:

- Our Texas Rising Star (TRS) assessment window has been set! That means an assessor from TRS will be coming by to assess our classrooms sometime between April 20<sup>th</sup> and May 4<sup>th</sup>. We are so excited to show them what a great school we are!
- Our COVID-19 policy was updated on March 28<sup>th</sup>. Please check in with the office if you need a copy.
- Please check with the office if your family needs a rapid COVID test. We have been provided a stock of test from Workforce (yay!) and are available free of charge.
- The staff will be here on Saturday, April 9<sup>th</sup> working on their classrooms and playgrounds for a little Spring cleaning.

### PARENT RESOURCES:

- [Meet Pete the Cat in Round Rock!](#) (this weekend)
- [Child Care Aware](#)
- [Early Childhood Texas](#)
- [Health & Human Services: Office of Child Care](#)
- [Nibbles for Health: Nutrition Newsletters for Parents of Young Children](#)
- [Mind Yeti: Research-based guided mindfulness sessions on YouTube for Kids and Adults](#)
- [Local Food Pantry Locations](#)
- [National Institute for Children's Health Quality: Spanish-Language Healthy Start Perinatal Depression Brochures](#)
- National Institute of Mental Health Articles:
  - [ADHD in Children & Teens](#)
  - [Autism Spectrum Disorder](#)
  - [Children and Mental Health: Is this Just a Stage?](#)

## COVID-19 INFO:

- We have created a place for feedback from families on our current COVID policies and protocols. [Click here](#) to write in any feedback, suggestions, resources, and thoughts you may have. We will be checking these responses periodically, and as we consider changes and amendments to our COVID policies.
- Masks are not required inside for adults, but still encouraged. Disposable masks are available in the Tree House.
- There are sanitization stations at each entrance with hand sanitizer and a bottle of disinfectant. Every person must wash or sanitize their hands upon entering the building.
- Temperature checks are completed upon arrival for any person entering the building. Currently our temperature cut off is 100.4°. Any child being sent home for illness can return after 24 hours (symptom free).
- A negative COVID test will be required to return if COVID symptoms are presented
- Quarantine Guidelines for Exposure:
  - Unvaccinated individuals:
    - If someone has an exposure to a positive case of COVID-19, the exposed individual will have two options for quarantining:
      - The first option is to quarantine for 7 days then, if symptom free the entire time, they can test on or after the 7<sup>th</sup> day (PCR or Antigen). If the test is negative the individual can return to school that day.
      - Alternatively, the individual can forgo testing and quarantine for a full 10 days.
    - If the test is positive, or an individual begins showing symptoms, they will need to quarantine for 10 days from the positive test or the first sign of symptoms.

(Source 1: [https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html?mc\\_cid=bf87017456&mc\\_eid=85123c68b9](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html?mc_cid=bf87017456&mc_eid=85123c68b9))

(Source 2: <https://www.austintexas.gov/news/austin-public-health-gives-additional-clarity-national-covid-19-quarantine-guidance>)

- Vaccinated individuals:
  - Individuals who are fully vaccinated (with appropriate boosters) do NOT need to quarantine after contact with someone who had COVID-19 unless they have [symptoms](#). However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 10 days following exposure or until their test result is negative."

(Source: [https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fif-you-are-sick%2Fquarantine.html](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fif-you-are-sick%2Fquarantine.html))

**COVID-19 LINKS:**

- [Checklist for Childcare Centers](#)
- [Checklist for Families](#)
- [Guidelines from Austin Public Health \(APH\)](#)
- [Guidelines from Centers for Disease Control and Prevention](#)

## **Classroom Engagement and Contact Info**

**Sprouts:**

- Sprouts.room@gmail.com

**Beanstalks:**

- BeanstalksCDC@gmail.com

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**Seedlings:**

- SeedlingsCDC@gmail.com

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**Snapdragons:**

- SnapdragonsCDCS@gmail.com

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**Sweetpeas:**

- SweetpeasCDC@gmail.com

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**Redbuds:**

- CDCRedbuds@gmail.com

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**Bluebonnets:**

- BluebonnetsCDC@gmail.com

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**Coordinators:**

- CoordinatorsCDC@gmail.com

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